Resort Activities

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 AM		Sunrise Fishing			Sunrise Fishing		
7:00 AM	Aqua Yoga						
8:30 AM		Yoga	Yoga	Tai Chi Chuan & Qi Gong	Yoga	Yoga	Tai Chi Chuan & Qi Gong
8:30 AM	Morning Dive	Morning Dive	Morning Dive	Morning Dive	Morning Dive	Morning Dive	Morning Dive
9:00 AM			Luxury Dive Safari				
9:30 AM	Snorkel at Parrot Reef Learn to Snorkel	DSD - Discover Scuba Learn to Snorkel	Learn to Snorkel	Snorkel at Parrot Reef Learn to Snorkel	DSD - Discover Scuba Learn to Snorkel	Learn to Snorkel	DSD - Discover Scuba Learn to Snorkel
10:00 AM	Orientation Dive		Maldives Crusoe	Four Seasons Explorer	Orientation Dive		Maldives Crusoe
10:30 AM	Catamaran Intro	Dolphin Talk & Cruise	Kayak Adventure		Windsurf Intro	Dolphin Talk & Cruise	Kayak Adventure Lagoon Races
11:00 AM	Behind the Scenes		Orchid Garden Tour				Orchid Garden Tour
11:20 AM	Anti Gravity Yoga	Anti Gravity Yoga	Anti Gravity Yoga	Anti Gravity Yoga	Anti Gravity Yoga	Anti Gravity Yoga	Anti Gravity Yoga
11:30 AM							Build a Reef!
2:00 PM	Snorkel Adventure	Turtle Safari	Snorkel Adventure	Turtle Safari	Snorkel Adventure	Turtle Safari	Snorkel Adventure
2:30 PM	Afternoon Dive Yoga Wisdom Talk	Afternoon Dive	Afternoon Dive Veda Chat	Afternoon Dive	Afternoon Dive	Afternoon Dive Veda Chat	Afternoon Dive
4:30 PM		Local Island Visit				Local Island Visit	
5:00 PM	Boot Camp Turtle Feeding	Aqua Yoga Turtle Feeding	Beach Volleyball Turtle Feeding	Tennis Clinic Sunset Dolphin Cruise Turtle Feeding	Boot Camp Turtle Feeding	Aqua Yoga Turtle Feeding	Turtle Feeding
5:30 PM	Fish Feeding Yoga Energy Trail	Fish Feeding Yoga Energy Trail	Fish Feeding Yoga Energy Trail	Fish Feeding Yoga Energy Trail	Fish Feeding Yoga Energy Trail	Fish Feeding Yoga Energy Trail	Fish Feeding
6:00 PM	Fish Talk: Manta Ray Sunset Fishing	Fish Talk: *Origin of Atolls*	Fish Talk: *Sharks and Rays* Sunset Fishing		Sunset Fishing	Fish Talk: *Tropical Reef Fishes*	Sunset Fishing
6:30 PM	Evening Enlightenment	Evening Enlightenment	Evening Enlightenment	Hi Life Cruise Evening Enlightenment	Evening Enlightenment	Hi Life Cruise Evening Enlightenment	Cocktail Party
6:30 PM	Romantic Sunset Cruise	Romantic Sunset Cruise	Romantic Sunset Cruise	Romantic Sunset Cruise	Romantic Sunset Cruise	Romantic Sunset Cruise	Romantic Sunset Cruise
7:00 PM		Lobster Rendez-vous	Great Atoll Barbeque	Sultan's Mezze Night	Bollywood Dreams		Fisherman's Night
7:30 PM			Night Snorkel		Night Dive	Night Snorkel	
10:00 PM	Sharkfeeding at Seabar	Sharkfeeding at Seabar	Sharkfeeding at Seabar	Sharkfeeding at Seabar	Sharkfeeding at Seabar	Sharkfeeding at Seabar	Sharkfeeding at Seabar