



VELAA

PRIVATE ISLAND
MALDIVES

spa my blend
BY CLARINS

spa my blend
BY CLARINS

OPENING HOURS SPA MY BLEND BY CLARINS
DAILY: 10 AM - 8 PM

*YOU ARE UNIQUE.
AND SO IS YOUR SKIN,
JUST LIKE YOUR FINGERPRINTS.
THE STORY OF YOUR LIFE,
WHETHER BIOLOGICAL OR EMOTIONAL,
CAN BE READ ON YOUR SKIN.*



THE PLACE

The exclusive place where Clarins legendary expertise and the high-tech beauty of My Blend meet, to offer tailor-made treatments created by Dr. Olivier Courtin.

CLARINS

A 100% manual method, a collection of cult products and a pioneering approach to beauty using plant extracts.

MY BLEND

A precise diagnosis and the creation of a unique product blend, in real time, to offer an ultra-personalized treatment.

EXPERTISE

Original techniques, exceptional formulas, expert advice, the most advanced equipment and a complete beauty service from your personal Beauty Coach.

SPA MY BLEND BY CLARINS

*A selective club of exceptional hotels located across the world.
The ultimate Spa experience.*



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SPA ETIQUETTE

Discover a paradise within a paradise. At the heart of Velaa Private Island, Spa My Blend by Clarins welcomes you. Experience a world of expertise and excellence, pleasure and performance, where cutting-edge technology meets the ancestral art of touch offering you the ultimate treatment experience.

Sharing Velaa Private Island ethos of extreme personalization, Spa My Blend by Clarins creates a program uniquely for you. Taking personal attention to the next level, beauty and fitness experts are on hand to advise you on how to look and feel your best both now and in the future.

What Spa My Blend by Clarins offers, above all, is a truly unforgettable experience.

It is here, where the blue of the ocean meets the blue of the sky; you enter a private realm of sublime sensations, pure harmony, and unprecedented luxury.

Welcome to the Spa My Blend by Clarins.

Welcome to paradise.



VELAA SIGNATURE RITUALS

For the ultimate personalized experience at Velaa Private Island, Spa My Blend by Clarins offers Velaa Signature Rituals. Developed exclusively by Clarins Paris, and inspired by the natural beauty of the Maldives, these two sumptuous treatments can be experienced only here and nowhere else on earth.

Velaa Island Fantasy

180 min

- 1 Fruit & Salt Scrub with Plant Powders
- 1 Rebalancing Massage with Essential Oils
- 1 My Blend Facial

An exceptional treatment combining the very best of Clarins and My Blend to reveal the very best of you. After a Toning or Relaxing scrub based on white jasmine, lavender and essential plant oils, feel your entire body suffused with well-being, as expert hands massage you with Clarins' iconic Tonic or Relax treatment oils. For your face, the advanced technology and customizable formulations of My Blend are tailored to the individual needs of your skin.

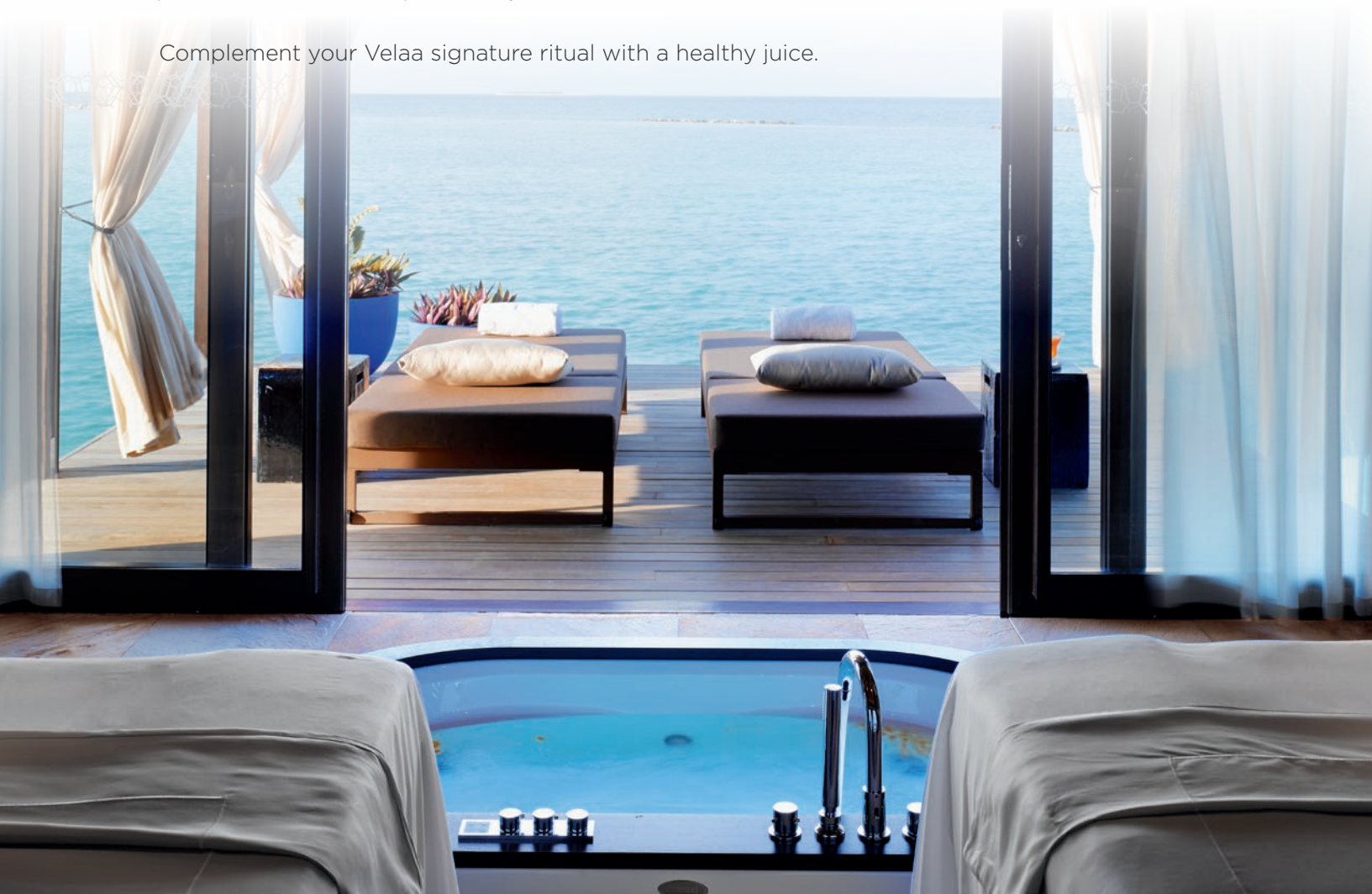
Island Body Boost

120 min

- 1 Skin Blitzer Facial
- 1 Rebalancing Massage with Essential Oils

Relax body and mind with a therapeutic massage blended with the ultimate skin purifier to restore complete body wellness.

Complement your Velaa signature ritual with a healthy juice.



VELAA PRIVATE WELLNESS MOMENTS

Your time is precious, so make the most of your stay at Velaa Private Island and truly pamper yourself. Come to rest, relax, revitalize and let Spa My Blend by Clarins help you make every moment count with its beauty and fitness packages, each one specifically developed to enhance well-being of body and mind.

Detox

Restore original purity with a made-to-measure program of treatments and wellness activities that revives and renews, revealing a radiant you.

Treatments over 3 days

- 1 My Blend Facial
- 1 Fruit & Salt Scrub with Plant Powders
- 1 The Body Lift Sculptor
- 1 Body Wrap Contouring
- 1 Private Wellness Session

Treatments over 7 days

- 2 My Blend Facials
- 1 Fruit & Salt Scrub with Plant Powders
- 2 Body Lift Sculptors
- 1 Body Wrap Contouring
- 1 Cloud 9
- 2 Private Wellness Sessions

Honeymoon

Indulge in the romance of treatments overlooking the ocean, in the privacy of a Spa My Blend by Clarins villa, a unique and memorable way to celebrate the start of a new life together.

Treatments over 3 days

- 1 My Blend Facial
- 1 Fruit & Salt Scrub with Plant Powders
- 1 Rebalancing Massage with Essential Oils
- 1 Cloud 9
- 1 Private Wellness Session

Treatments over 7 days

- 2 My Blend Facials
- 1 Fruit & Salt Scrubs with Plant Powders
- 2 Rebalancing Massages with Essential Oils
- 1 Cloud 9
- 1 Private Wellness Session

To further enhance your experience, a healthy juice, uniquely designed to complement each journey is included.

MY BLEND FACIAL THERAPY

Skin care just for you

"Life changes, so change the life of your skin!" Because each skin is unique, My Blend offers products that are adapted to the skin's priorities, and are not determined by skin type or age alone. My Blend is the first skin care brand to incorporate lifestyle (climate, sleep, diet, stress and so on) into the development of its formulas.

As close as possible to science

At the heart of the My Blend creams, or Essential Formulas, lies the Cell Synergy complex, a combination of three exclusive peptides that improve the skin's intercellular communication, increase its natural defense potential and strengthen its ability to regenerate. To meet the skin's specific needs, pure active ingredient concentrates called Boosters are added to the creams for rapid, lasting results. More than 400 day-night combinations are possible. To find yours, there is one essential step: the diagnosis.

Technology combined with skillful hands

The My Blend customized approach is based on our exclusive My Skin Diag diagnosis software that questions, photographs, analyzes, diagnoses and prescribes the appropriate skin care regimen in real time. The resulting high-precision skin analysis combined with a questionnaire on lifestyle and habits enables the Beauty Coach to create exactly the right blend for each skin. The results of My Blend formulas are optimized using a subtle, delicate, enveloping application method that combines manual remodelling with the use of expert tools that intensifies the properties of the active ingredients and restimulates the cell cycles.

A re-birth

One glance in the mirror, the face is transformed; the features are rested and smoothed; the facial contours are reshaped, the complexion is luminous. With My Blend, discover a new way to take care of your skin.

MY BLEND FACE CARE

First step: the indispensable Skin Diagnosis leading to customized skin care.
Second step: the My Blend Ritual, in which skilful hands and subtle gestures combine with the precision of expert tools to provide a unique experience. Inifiniment My Blend Treatment The ultimate in tailored efficacy: My Skin Diag and its precise skin measurements, combined with a unique ritual, for the ultimate well-being experience.

Oil Crisis Control

90 min

For skin that needs balancing and cleansing. This treatment reinforces the epidermis and brings out a new radiance.

Calm & Controlled

90 min

For easily irritated skin that needs soothing and comforting. This treatment restores balance in the skin and enhances protection.

Stress Management

90 min

For soothing skin that is prone to stress-related breakouts. This treatment reduces shine, controls blemishes and smoothes out early expression lines.

Balance of Power

90 min

For skin that needs hydrating and protecting. This treatment protects the skin from pollution, restores harmony, and smoothes out early expression lines.

Early Age Alert

90 min

For skin that is starting to lose its firmness and radiance. This treatment activates rejuvenation and regeneration processes to offset the first signs of ageing.

Prescribed Comfort

90 min

For sensitive skin that needs comforting and protecting. This treatment gently counters the effect of premature cellular damage, offsetting the first signs of ageing.

Change for the Better

90 min

For skin that is tired-looking, undernourished and lacking vitality. This treatment enhances density, repairs damage and restores firmness and elasticity.

Potent Age Antidote

90 min

For mature skin that needs a powerful boost. This treatment controls blemishes and visibly counters more advanced signs of ageing.



CLARINS TREATMENTS SCIENCE, EXPERIENCE, SENSES

High performance formulas, exclusive 100% manual methods: a magical experience every time. The Clarins Professional Treatment is a subtle alchemy between the active principles of plants and a specific application method created to deliver a genuine sensorial experience of relaxation and well-being with instant beauty results.

CLARINS TRI-ACTIVE FACIALS

Radiance Smoother

60 min

For stressed skin lacking in radiance: diminish the look of fine lines and early wrinkles, reduce signs of fatigue and protect skin from external aggressions. Wrinkles are visibly smoothed and your skin appears more supple and toned.

Moisture Quencher

60 min

Multi-level moisturization and intense nourishment for dry, weakened skin. Redness is reduced, dehydration fine lines are plumped and feelings of tightness disappear. Your skin is wonderfully soft and supple again and its vitality restored.

Clear Skin Refiner

60 min

This detoxifying treatment helps to restore the balance of combination and oily skin. Impurities are gently removed, shine is reduced and pores are tightened. Your skin is clean, fresh and glowing with health

CLARINS TRI-ACTIVE BODY TREATMENTS

Body Wrap Contouring

60 min

A deeply purifying wrap based on red cranberry, raspberry and rice powders. Helps refine contours and leaves skin soft and firm.

Fruit & Salt Scrub with Plant Powders

60 min

Toning or Relaxing, these 100% natural exfoliating treatments are based on white jasmine, lavender and essential oils. They leave the skin feeling ultrasoft and luxuriously smooth.

The Body Lift Sculptor

60 min

This expert contouring treatment drains and filters while restoring a feeling of well-being and lightness. Body contours are refined; the skin becomes smoother and feels more comfortable. Finally, feel good about your body!

CLARINS TREATMENTS FOR MEN

Body Energizer Exfoliator

60 min

This is the perfect revitalizing treatment to revive, hydrate and regain clean, comfortable skin. A great pick-me-up after a good work out.

Facial Firmer

60 min

The ideal treatment for firmer skin: diminishes signs of fatigue, lightens the neck area and smoothes the eye contour.

Skin Blitzer

60 min

Complete treatment to hydrate, purify and detoxify skin. Tightens features and soothes skin irritated by shaving.

CLARINS MASSAGE

Rebalancing Massage with Essential Oils

60 min

Renowned for their therapeutic benefits, Clarins aromatic oil blends combine with the comforting sensation of touch to promote an exceptional feeling of wellness.

TRADITIONAL AYURVEDIC THERAPIES

Indian Head & Shoulders

60 min

Combining local virgin coconut oil with gentle and stimulating techniques to massage the upper back, neck and scalp resulting in increased circulation and a deep sense of relaxation.

Kati Vasti

60 min

A specialised lower back treatment with warm medicated oil pooled within a ring of herbal paste to relieve lower backache by lubricating the joints to improve spinal conditions.

Shirodhara

60 min

Warm coconut oil continuously flows over the third eye stimulating the pineal gland to enhance well-being and balance emotions.

Abhyanga

90 min

Originating in India, Ayurvedic Massage with invigorating long strokes relieves fatigue and enhances the complexion by detoxifying the body and pacifying the doshas.

Abhyanga & Shirodhara

90 min

Be taken on an Ayurvedic journey with an Abhyanga massage using invigorating long strokes assisting to relieve fatigue and detoxify the body. Complete your journey by enhancing well-being and balance emotions as warm coconut oil continuously flows over the third eye and forehead.

Podikizhi

90 min

A warm poultice of herbal & medicated powders are compressed over the body to assist eliminating toxins, relieving muscle aches and pains, improving skin tone and joint mobility.

Udvarthana

90 min

Herbal powders exfoliate the skin with an invigorating body massage to detoxify the body and assist in reducing fluid retention and the visible appearance of cellulite.

If you would like to personalize a 3, 5, or 7 day Ayurvedic Programme during your stay our spa team are happy to assist.

ASIAN INSPIRED MESSAGES

Foot Acupressure

60 min

Originating in China this holistic therapy uses pressure-point massage on the feet to balance energy flow throughout the entire body.

Balinese Bliss

60 min / 90 min

A traditional healing massage with a combination of long rhythmic strokes, acupressure and energy awareness using light to medium pressure to release tension and soothe the mind.

Oriental Fusion

60 min / 90 min

Uniting warm coconut oil with traditional Asian deep pressure massage techniques with a fusion of pressure points and stretching to relax muscle tension and improve circulation.

Traditional Thai

60 min / 90 min

An invigorating massage combining palm pressure, rocking with deep stretches to reduce tension and improve flexibility.

Velaa Bespoke

60 min / 90 min

Restore and balance the flow of energy for body, mind and spirit as you therapist intuitively uses a variety of therapeutic massage techniques and pressure as you experience a massage personally tailored to your desires.

Healing Hilot

90 min

An authentic Filipino massage senses areas of blockages and energy imbalances using a synergy of warm banana leaves and virgin coconut oil to soothe stressed muscles.

Velaa Bespoke Four Hand

90 min

Inspired by the traditional Lomi Lomi, our four hand massage uses movements that sweep the length of the body like a synchronized dance, balancing the energy flow resulting in the ultimate experience with the power of touch.

Oi Kaashi

120 min

An indigenous inspired intuitive massage synergy using poultice compression of warm dhon veli and kaashi theyo with bamboo tools to reduce tension and induce deep relaxation.



HOLISTIC THERAPIES

Cloud 9

20 min

The Cloud 9 was created by Viennese Artist and Perception Researcher Sha, as a comprehensive and holistic relaxation experience. It is a multi-sensory blend of color therapy, lighting concept, mental acoustic therapy, video concept, spatial concept and swinging pod for deep relaxation. An experience not to be missed.

Tibetan Singing Bowl

45 min

Enhance and awaken chakras with a unique combination of healing through sound and vibration to enrich a deep state of relaxation while balancing the body, mind and spirit.

Ear Candling

60 min

An ancient and unique therapy combined with a scalp and facial massage assists the ultimate in decongestion, relief from sinusitis and headaches.

Pregnancy Massage

60 min

A nurturing massage for expecting mothers to reduce swelling and relieve the stress of pregnancy by alleviating fatigue and lower back pain, shoulder strain and muscle cramps. Suitable for second and third trimester of pregnancy.

Reiki

60 min

This ancient healing method, Reiki is a technique that allows an energy flow to support the mind, body and spirit to balance, cleanse and promote a state of pure relaxation.

Detox Massage

90 min

Begin your treatment with dry body brushing to stimulate blood and lymph circulation. Using a variety of massage techniques tailored to your needs and focusing on areas of concern a synergy of aromatherapy oils is applied to assist the detoxifying effect on the body and improve the appearance of the skin whilst reducing fluid retention.

HAIR SALON

Children's Hair Cut

Shampoo, precision cut and finger dry. Scissor, razor and anything desired to achieve your look .

Men's Hair Cut

Shampoo, cut and basic styling. Because it's always better when someone else shampoos it for you.

Women's Hair Cut

Shampoo, precision cut and finger dry. Scissor, razor and anything desired to achieve your look .

Hair Colouring

Refresh and revitalise with an Inoa Hair Colour providing supreme respect for the hair and optimized scalp comfort.

Hair Styling

Special occasion hair that involves pinning and sculpting. Does not include washing or blow drying. Or choose from styling with a curling iron or flat iron including shampoo and finger dry.

Kerastase Hair Treatment

Kerastase deep conditioning treatment includes a clarifying shampoo service followed by an intense, heat-activated moisturizer for the hair.



NAILS & BEAUTY

A collection of services are available, please contact the Spa directly for additional information on tinting, threading and waxing.

Spa Manicure

75 min

Rejuvenate hands allowing healthy and strong nails including your choice of an application of paraffin wax promoting soft and supple skin or a nourishing masque application to the hands.

Spa Pedicure

75 min

Revitalize the feet, nails and cuticles with this invigorating treat including your choice of an application of paraffin wax promoting soft and supple skin or a nourishing masque application to the feet.



JUNIOR MENU

My Body Peeling

30 min

Relax with a smoothing body exfoliation, leaving the skin velvety soft and moisturized, the perfect treat after enjoying fun in the sun.

My Fabulous Facial

30 min

Treat your face to some TLC with a mini facial and receive a hand massage.

My Feet Treat

30 min

This toe tingling treat for feet, buffs and polishes the nails leaving feet soft and smooth.

My Massage

30 min

Relax as back, neck and shoulders are massaged using local Maldivian coconut oil.

My Perfect Polish

30 min

Nails are gently buffed to a healthy shine finished with a sweep of polish in your favorite color.

If you would like to personalize a treatment or a programme for your child or teenager during your stay our Spa team are happy to assist.

WELLNESS

An assortment of Wellness Activities can be experienced in a private session or group class. Please contact the Spa for additional information or review the Info News application on your villa iPad.

Meditation

30 min / 45 min / 60 min

Soothe the body and calm the mind as you are guided through a collection of breathing techniques.

Fitness

45 min / 60 min

Re-energize and invigorate, improving the tone and strength of your body as you experience a variety of group and personalized exercises.

Yoga

60 min

Promote inner calm and mental focus through stretching, breathing and balancing.

Personal Wellness Programme

75 min

Achieve your personal goals, as our instructor motivates and guides you through cardio, strength, flexibility and weight loss exercises and recommendations.

For your convenience Yoga Mats can be provided in your villa, please contact your Butler.

Appointments with our Yoga & Gym Instructor are based on availability, please contact the Spa for further information.



SPA ETIQUETTE

Opening Hours

Spa My Blend by Clarins is open daily from 10am till 8pm.

Spa Reservations

For any enquiries or information regarding the spa, please dial the Spa or for your convenience please ask your butler for assistance.

Cancellation of a Reservation

A booking cancellation fee of 100% will be charged on all services cancelled within 4 hours or less of the appointment time.

When to Arrive

We welcome you to arrive for your spa appointment 30 minutes before your scheduled reservation. During this time you will be able to enjoy the ambience of the spa environment beginning the relaxation process even before the treatment starts.

Late Arrival

As a courtesy to all our guests the spa adheres to a prompt appointment schedule. While we will do everything to accommodate late arrivals a booking may not be honored if it will affect subsequent guests. In this case a cancellation fee will apply.

Spa Facility Experiences

To enhance the benefits of your treatments and stimulate blood and lymphatic circulation, we recommended guests to use our spa facilities including Jacuzzi, Steam, Sauna and Snow room before and during treatments. As a courtesy to all guests using the Spa Facilities, we ask that all guests wear appropriate attire.

What to Wear

The Spa will provide all necessary items to ensure your spa time is comfortable and enjoyable. All towels, slippers and amenities are provided for your use. Please wear your swimsuit to enjoy these facilities.

Health Concerns

All new guests to the Spa will be invited to complete a health questionnaire so we can ensure the best possible spa experience and assure maximum safety and comfort.

Spa Menu for Pregnancy

At Spa My Blend by Clarins our priority is guest comfort and safety, for this reason we recommend avoiding treatments such as full body massage and heat treatments in the first trimester. Our Spa team will be available to advise you.

Young Guests

Spa My Blend by Clarins has been created as an adult sanctuary and therefore children under the age of 12 years experiencing treatments are to be accompanied by a guardian at all times and are restricted access to the facilities. Children aged 12 to 16 years are welcome to use the Spa facilities, however must be accompanied by a guardian at all times.

In-Villa Spa Experiences

A selection of treatments can be experienced in the comfort of your in-villa Spa suite or guest villa with an applicable surcharge, please contact the Spa for additional information.

Payment

All treatments will be charged to your room and appear on your account at the time of your departure.

Special Considerations

We recommend all our male guests shave prior to a facial. Avoid shaving or waxing one day prior to a body scrub treatment. Please shower off any oils or sun creams prior to treatment to allow better absorption of products. For your enhanced enjoyment we suggest removing hearing aids, spectacles and contact lenses during your treatment. Avoid bringing valuables to the Spa, rather keep them safe in your villa. Take rest and avoid direct sun or vigorous activity for at least one hour after a spa treatment. Drink water before and after each treatment. To ensure your safety and comfort please wear appropriate footwear in the gym facility.

Your Comfort – Making Spa My Blend by Clarins Your Own

We will do all we can to anticipate your needs however we also appreciate that each guest is unique and so is their spa needs. Please let our team know if there is anything we can do to improve your experience whether it is a change of massage pressure or adjusting the music we are happy to oblige. To maintain the ultimate environment of harmony and privacy, for all our guests to enjoy, Spa My Blend by Clarins is a mobile phone and smoke free area.

Disclaimer

Guests are kindly requested to ensure they take care of their personal belongings. Spa My Blend by Clarins does not accept responsibility for any loss or damage to property suffered as a result of any cause whatsoever. All prices are quoted in USD and are subject to government sales tax and service charge. Please note that services and prices are subject to change without prior notification.

spa my blend

BY CLARINS

OPENING HOURS SPA MY BLEND BY CLARINS
DAILY: 10 am - 8 pm

PRICELIST

VELAA SIGNATURE RITUALS

Velaa Island Fantasy	
180 min	\$ 865
Island Body Boost	
120 min	\$ 510

VELAA PRIVATE WELLNESS MOMENTS

Detox	
3 days / 7 days	\$ 1335 / \$ 2310
Honeymoon	
3 days / 7 days	\$ 1185 / \$ 1890

MY BLEND FACIAL THERAPY

01 Oil Crisis Control	
02 Calm & Controlled	
03 Stress Management	
04 Balance of Power	
05 Early Age Alert	
06 Prescribed Comfort	
07 Change for the Better	
08 Potent Age Antidote	
90 min	\$ 395

CLARINS TRI-ACTIVE FACIALS

Radiance Smoother	
Moisture Quencher	
Clear Skin Refiner	
60 min	\$ 280

CLARINS TRI-ACTIVE BODY TREATMENTS

Body Wrap Contouring	
Fruit & Salt Scrub with Plant Powders	
The Body Lift Sculptor	
60 min	\$ 240

CLARINS TREATMENTS FOR MEN

Body Energizer Exfoliator	
60 min	\$ 240
Facial Firmer	
Skin Blitzer	
60 min	\$ 280

CLARINS MASSAGE

Rebalancing Massage with Essential Oils	
60 min	\$ 230

TRADITIONAL AYURVEDIC THERAPIES

Indian Head & Shoulders	
Kati Vasti	
Shirodhara	
60 min	\$ 230
Abyhanga	
Abhyanga & Shirodhara	
Podikizhi	
Udvarthana	
90 min	\$ 340

ASIAN INSPIRED THERAPIES

Foot Acupressure	
60 min	\$ 230
Balinese Bliss	
Oriental Fusion	
Traditional Thai	
60 min / 90 min	\$ 230 / \$ 340
Healing Hilot	
90 min	\$ 340
Velaa Bespoke	
60 min / 90 min	\$ 230 / \$ 340
Velaa Bespoke Four Hand	
90 min	\$ 520
Oi Kaashi	
120 min	\$ 450

HOLISTIC THERAPIES

Cloud 9	
20 min	\$ 100
Tibetan Singing Bowl	
45 min	\$ 190
Ear Candling	
Pregnancy Massage	
Reiki	
60 min	\$ 230
Detox Massage	
90 min	\$ 340

HAIR SALON

Children's Hair Cut	
30 min	\$ 50
Men's Hair Cut	
30 min	\$ 85
Women's Hair Cut	
60 min	\$ 150
Hair Colouring	
short / medium / long	\$ 140 / \$ 180 / \$ 250
Hair Styling	
60 min	\$ 175
Hair Styling with Kerastase Hair Treatment	
90 min	\$ 225

NAILS & BEAUTY

Spa Manicure	
Spa Pedicure	
75 min	\$ 200

JUNIOR MENU

My Body Peeling	
My Fabulous Facial	
My Feet Treat	
My Massage	
My Perfect Polish	
30 min	\$ 125



WELLNESS

Meditation

Group Class

30 / 45 / 60 min \$ 30 / \$ 45 / \$ 60

Private Session

30 / 45 / 60 min \$ 100 / \$ 130 / \$ 160

Private Session for 2

60 min \$ 200

Fitness

Group Class

45 min /60 min \$ 45 / \$ 60

Private Session

45 min /60 min \$ 130 / \$ 160

Yoga

Group Class

60 min \$ 60

Private Session

60 min \$ 160

Private Session for 2

60 min \$ 200

Personal Wellness Programme

75 min \$ 180





VELAA
PRIVATE ISLAND
MALDIVES

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